



BIOSÜDTIROL

Organic farmer Anna serves: Apple juice and berries

Preparation time: 15 minutes

Difficulty: easy

Ingredients (4 servings)

4 Gold Rush apples

200 g of strawberries

2 bananas

200 g of raspberries

200 g of blueberries

Preparation

Wash the fruit, remove the cores from the apples and chop them into pieces. Put the fruit in the juicer. Serve the fruit juice with a smile.

Anna's tip:

You can vary the fruit depending on tastes and the seasons. For a sweeter version, we recommend adding honey. Enjoy!